

Workplace Health and Wellbeing Conference 2018

Tuesday 4th December 2018

08:30 - 09:30	Registration, refreshments, exhibition and networking
09:30 - 09:40	Opening remarks from chair
09:40 – 10:00	<p>Identifying distress in the workplace <i>KEYNOTE - Peter Kelly, Senior Psychologist, The Health and Safety Executive and Practitioner Chair, European Academy of Occupational Health Psychology</i></p> <ul style="list-style-type: none"> • New developments in workplace health for HSE • How to review your organization's stress risk assessment tool
10:00 – 10:20	<p>Improving workforce health <i>Clare Perkins, Director of the Knowledge and Intelligence Team (North West), Public Health England</i></p> <ul style="list-style-type: none"> • How to spot signs of mental health deterioration and react appropriately • The evidence of improving workforce health and the work PHE have been doing around health in the workplace • The importance of staff health and wellbeing as a fundamental pillars of productivity, recruitment and retention and delivering high quality service • Questions and discussion
10:20 – 10:40	Case study slot
10:40 – 11:00	Questions and discussion
11:00 – 11:30	Refreshments, exhibition and networking
11:30 – 11:55	<p>Occupational Health: the global evidence and value <i>Nick Pahl, CEO, Society of Occupational Medicine</i></p> <ul style="list-style-type: none"> • The role of occupational health • The research and evidence detailing the business benefits for the provision of occupational health within the workplace • Making the business case for occupational health • Evidence review
11:55 – 12:15	<p>Changing culture and behaviour of employers and employees</p> <ul style="list-style-type: none"> • How to create a culture where all members of staff become more aware of our own mental health, other people's mental health and how to cope with our own and other people's mental health when it fluctuates • The role of employers in creating a positive and supportive workplace culture, free from stigma • Coaching and Coaching Psychology • How to keep the workforce happy and engaged whilst changing the culture
12:15 – 12:25	Please make your way to your chosen room – 10 minute turnaround

12:25 – 12:55	Seminar stream 1 – Assistive technology, Employee benefits, Mental health and wellbeing programmes, Software solutions / apps, Environment / working conditions		
	SEMINAR A <i>Capita</i>	SEMINAR B <i>TBC</i>	
12:55 – 13:55	Lunch, exhibition and networking		
13:55 – 14:20	Workplace health and wellbeing: the changing landscape <i>KEYNOTE - Dr Steven Boorman CBE, Chair of Council for Work and Health and Director of Employee Health, Empactis</i> <ul style="list-style-type: none"> • The Council for Work and Health and its role in moving the agenda forward • The evidence and drivers, supporting the business case, for prioritising workplace health and wellbeing • How does the government plan to support/encourage employers in safeguarding the health and wellbeing of their employees? • Questions and discussion 		
14:20 – 14:40	Case study slot		
14:40 – 15:10	Refreshments, exhibition & networking		
15:10– 15:30	Case study on mental wellbeing initiatives <ul style="list-style-type: none"> • Establishing an employee wellbeing programme that addresses business and local needs, focusing on physical, social and mental health • Promoting an awareness of the issues associated with mental health and ways to support individuals managing low mental health • Questions and discussion 		
15:30 – 15:50	Case study for return to work planning for someone experiencing mental health issues <i>Christine Parker, Senior Lecturer, University of Salford</i> <ul style="list-style-type: none"> • Using tools and plans, such as the AHP Fitness for Work Report to support the GP Fitnote • Considerations of the Equality Act: disclosure; and reasonable adjustments 		
15:50 – 16:00	Closing remarks from chair		
	Close of conference		